

St Cedd's C of E Primary School Lunch Menu STARTS MONDAY 30TH OCTOBER 2017 (Week One)

Available to print from the link on the school's website.

Week 1

Week One	Monday	√	Tuesday	√	Wednesday	√	Thursday	√	Friday	√
Main	Pizza Day with pepperoni		Oven cooked chicken breast		Local butcher's roast gammon with Yorkshire pudding & gravy		Homemade sausage roll		Fishwich – fish fillet in a crispy crumb served with lettuce & mayo in a bun	
Vegetarian Choice	Pizza Day with Cheese & tomato		Quorn strips		Roasted Quorn fillet with veggie gravy		Veggie sausage roll		Veggie fish fingers	
Jacket Potato	Jacket potato with cheese or tuna mayo		Jacket potato with cheese & baked beans		Jacket potato with cheese		Jacket potato with tuna mayo		Jacket potato with baked beans	
Roll Option	Baguette with choice of fillings: tuna, ham, cheese		Baguette with choice of fillings: tuna, ham, cheese		Baguette with choice of fillings: tuna, ham, cheese		Baguette with choice of fillings: tuna, ham, cheese		Baguette with choice of fillings: tuna, ham, cheese	
Vegetables	Salad bar		Sweet chilli noodles Salad bar		Roast potatoes, carrots, broccoli		Mashed potatoes, baked beans, Garden peas		Chips, sweetcorn or Baked beans Salad bar	
Dessert	Artic Roll or Muller Corner Yoghurt or Selection of fresh fruit		Cornflake tart or Muller Corner yoghurt		Angel Delight or Muller Corner yoghurt		Cookie and glass of milk or Muller Corner yoghurt or fresh fruit		Homemade Fairy cakes or Muller Corner yoghurt or fresh fruit	

Childs Name:.....Class..... £2.00 per meal for Years 3, 4, 5 and 6 enclosed £.....

Please complete and return to the school on Monday morning.

Week 2

Week Two	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	Friday
Main	Homemade pasta bolognaise		Local Butchers Sausage		Local butcher's roast Turkey, Yorkshire pudding, gravy		Chinese sweet & sour chicken	Oven baked Birds Eye Omega 3 chunky fish fingers
Vegetarian Choice	Tomato & Basil Bake		Linda McCartney Veggie Sausage		Quorn sausages		Chinese sweet & sour quorn	Veggie nuggets
Jacket Potato	Jacket potato with baked beans		Jacket potato with tuna & mayonnaise		Jacket potato with cheese		Jacket potato with tuna mayo	Jacket potato with beans
Roll Option	Baguette with choice of fillings: tuna, cheese, ham		Baguette with choice of fillings: tuna, cheese, ham		Baguette with choice of fillings: tuna, cheese, ham		Baguette with choice of fillings: tuna, cheese, ham	Baguette with choice of fillings: tuna, cheese, ham
Vegetables	Garlic bread Salad bar		Salad bar Cream mashed potatoes, baked beans, sweetcorn		Roast potatoes, carrots, cauliflower florets		Wholegrain & white rice Salad bar	Chips, baked beans, Garden peas, salad bar
Dessert	Fresh fruit platter or Muller Corner yoghurt or selection of fresh fruit		Lemon drizzle cake or Muller Corner yoghurt or fresh fruit		Warm waffles with a choice of sauces or Muller Corner yoghurt or fresh fruit		Homemade shortbread finger & glass of milk or Muller Corner Yoghurt	Individual ice cream pots

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Week 3

Week Three	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Main	Chicken Korma & Naan bread		All day breakfast (chipolata, hash brown, bacon & egg)		Local butcher's roast chicken, Yorkshire pudding & gravy		Bacon & Sweetcorn Tie Pasta		Pork burgers in a brioche bun (optional fried onions, lettuce & tomato)	
Vegetarian Choice	Veggie Korma & Naan bread		All day breakfast (2x Quorn chipolatas, hash brown & egg)		Stuffed Quorn Fillet		Quorn & Pea Bow Tie Pasta		Spicy bean burger in a brioche bun (optional fried onions, lettuce & tomato)	
Jacket Potato	Jacket potato with cheese & baked beans		Jacket potato with tuna mayonnaise		Jacket potato with baked beans		Jacket potato with cheese		Jacket potato with baked beans	
Roll Option	Baguette with choice of fillings: tuna, cheese, ham		Baguette with choice of fillings: tuna, cheese, ham		Baguette with choice of fillings: tuna, ham cheese		Baguette with choice of fillings: tuna, ham, cheese		Baguette with choice of fillings: tuna, ham, cheese	
Vegetables	Salad bar wholegrain & white rice		Baked beans, button mushrooms & baked tomato		Roast potatoes, carrots, cabbage		Salad bar		Chunky chips, sweetcorn peas, Salad bar	
Dessert	100% Fruit ice lolly or Muller Corner yoghurt or fresh fruit		Paradise cake or Muller Corner yoghurt or selection of fresh fruit		Jelly & fruit or Muller Corner yoghurt or selection of fresh fruit		Shortbread biscuit Fresh fruit or Muller Corner yoghurt		Homemade marble cake & chocolate custard or Muller Corner yoghurt or selection of fresh fruit.	

Childs Name:.....Class..... £2.00 per meal for Years 3, 4, 5 and 6 enclosed £.....

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